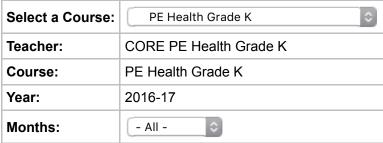
PerformancePLUS 7/19/17, 2:54 PM



Enduring Essential Knowledge **Academic Standards Understandings Ouestions** & Skills Language September Spatial Awareness **Enduring Essential** Knowledge Academic **Standards Understandings Questions** & Skills Language NASPE.2 - The physically literate individual applies knowledge of concepts, 1. Differentiates Students will understand: 1. What is the principles, strategies and tactics related 1. movement can take place difference between between movement in TIER 1 to movement and performance. in personal space and/or moving in general and personal (self-space) 1. Safe general space personal space? and general space. 2. Slow G.19 - Acquire movement and motor 2. movement can take place 2. How can you (S2.Ĕ1.Ka) 3. Fast skills and understand concepts safely move in at different speeds 2. Move in personal 4. Run necessary to engage in moderate to general space? 3. there are different space to a rhythm 5. Walk vigorous physical activity. pathways to travel (straight, 3. How can you (S2.E1.1). 6. Slide 3. Travel in different change your 7. Curved curve, zig-zag) pathways. (S2.E2.K). pathway? 8. Straight 4. Travel with different | 9. Zig-zag speeds. (S2.E3.K). TIER 2 1. Follow 2. Demonstrate 3. Mirror 4. Repeat 5. Recognize 6. Share 7. Describe 8. Compare 9. Support 10. Socialize TIER 3 1. Muscular Strength 2. Muscular Endurance 3. Flexibility Knowledge 💥 **Enduring Essential** Academic **Standards Understandings Questions** & Skills Language

Standards

Essential

Questions

Enduring

Understandings

Academic

Language

Knowledge

& Skills

PerformancePLUS 7/19/17, 2:54 PM

December

Motor Skills

Enduring Understandings **Essential Ouestions**

Standards

Knowledge 💥 & Skills

Academic Language

亩

Students will understand: 1. Balance is important for safe participation in certain situations.

2. How to safely maintain balance while using motor skills in personal and general general space? space.

1. Why is balance important? 2. What are things you can do to help yourself balance when travelling in

NASPE.1 - The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

G.19 - Acquire movement and motor skills and understand concepts necessary to engage in moderate to vigorous physical activity.

亩

1. Run with appropriate form according to the Test of Gross Motor Development (S1.E1.K).

TIER 1

1. Run 2. Slide

3. Balance 4. Roll

5. Toss

6. Fast

7. Slow

8. Hard

9. Soft

10. Jump

11. Forward

12. Backward

13. Over

14. Under

15. Safety

TIER 2

1. Share

2. Follow

3. Describe

4. Repeat

5. Direction 6. Demonstrate

7. Describe

TIER 3

1. Locomotor

2. Non-locomotor

3. Object Control

January **Enduring Understandings**

Essential Questions

Standards

Knowledge

Academic Language

Enduring Understandings

February

March

Essential Ouestions

Standards

Knowledge & Skills

Academic Language

Enduring Understandings

Essential Questions

Standards

Knowledge 💥 & Skills

Academic Language

Social Behavior

PerformancePLUS 7/19/17, 2:54 PM

| | Enduring 💥 Understandings | Essential XX Questions | Standards × | Knowledge _⋈ & Skills | Academic × Language |
|------|--|---|---|---|--|
| | Students will understand: 1. Importance of class rules and expectations. 2. How to move safely with minimal reminders. 3. How it feels when a peer is being unkind. | 1. Why is keeping our hands to yourself important? 2. What is the difference between personal and general space? 3. Why is taking turns/sharing important? 4. What is the proper way to answer a question?/Why is raising our hand important? | NASPE.4 - The physically literate individual exhibits responsible personal and social behavior that respects self and others. G.21 - Develop skills necessary to become a successful member of a team by working with others during physical activity. | 1. Follow directions in group settings (i.e. safe behaviors, following rules, taking turns) (S4.E1.K) 2. Acknowledge responsibility for behavior when prompted (S4.E2.K) 3. Follow instruction/directions when prompted (S4.E3.K) 4. Share equipment and space with others (S4.E4.K) 5. Recognize established protocols for class activities (S4.E5.K) 6. Follow teacher directions for safe participation and proper use of equipment with minimal reminders (S4.E6.K) | TIER 1 1. Talk 2. Listen 3. Behavior 4. Expectations 5. Rules 6. Safety 7. Responshible 8. Attitude 9. Motivation 10. Compromise 11. Integrity 12. Character 13. Encouragement 14. Community 15. Resolution 16. Relationships 17. Respect 18. Acceptance 19. Choice 20. Example 21. Procedure TIER 2 1. Communicate 2. Discuss 3. Prepare 4. Cooperate TIER 3 1. Teamwork 2. Strategize 3. Sportsmanship |
| May | Enduring Understandings [※] | Essential Questions | Standards × | Knowledge 💥 & Skills | Academic X Language |
| June | Enduring Understandings | Essential Questions | Standards × | Knowledge 💥 & Skills | Academic X Language |
| July | Enduring Understandings | Essential X Questions | Standards × | Knowledge 💥 | Academic X |